



Adult coaching programme

We provide 3 blocks of coaching on Monday evenings starting in April and finishing at October half term. Sessions do not run in the school holidays.

The sessions are on Monday evenings from 7.30-8.30. The cost is £5 per session. The group coaching sessions are open to both members and non-members. Before starting on the sessions **please contact me by email giving your details including a phone number for yourself and an emergency contact.**

The adult coaching is aimed at beginners and improvers. We have a small number of rackets available for those new to tennis. Please advise if you need to borrow a racket. Our coach, Alister Jackson Wright is supplied by Matchpoint Management. He is a Level 2 coach LTA accredited coach.

Members can also arrange private coaching should they prefer, in this case you must arrange with the coach yourself and pay him directly. Private coaching cannot be arranged for times when there are social sessions or matches taking place – full details on the website.

We request that an initial payment of £20 (4 sessions) is made, alternatively you can pay week by week if this is more convenient. All payments should be made into the Club account. Details as follows

HSBC

Account name Ridgeway Tennis Club

Sort Code 40-17-15

Account number 01540661

We want everyone to enjoy their coaching in a safe and welcoming environment. If there should be any concerns our club Welfare Officer Bernie Highfield can be contacted by phone or email.

Email bernie.highfield@gmail.com Tel 07980 885038

Our safeguarding policies are available on the Club website www.ridgewaytennis.co.uk

Communication with participants

In order to ensure that everyone is informed of any changes to sessions, eg in the event of bad weather or if the coach is unwell, we have a WhatsApp group which you will be invited to join.

Emails are sent out prior to the start of each block giving details of the dates and you will be asked to confirm your intention to attend. It is not essential that you are able to attend all of the sessions as for the adult group you pay for those sessions that you do attend.

Sheila Goodwin, Ridgeway Club secretary

sheila@thegoodwinfamily.co.uk